

RETROFITTING THE LADY

FIND THE RIGHT FIT FOR YOUR BODY TYPE WITH OUR MEASUREMENT GUIDE

HOW TO MEASURE

For an accurate body measurement, please keep the tape measure taut.

A. BUST

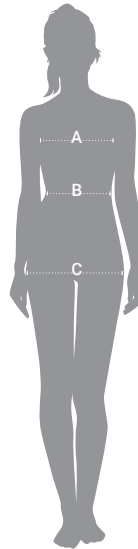
Measure under your arms and across shoulder blades, around the fullest part of your chest. Hold one finger between body and tape.

B. WAIST

Measure around your natural waistline while holding one finger between body and tape.

C. HIPS

Measure around fullest part of your hips (about 20 - 24 cm down from waist) while standing naturally.



PANT & SKIRT LENGTHS

Pants and skirts will vary in length depending on the height of each individual and also their shape.

STYLE FITS

Our shirts and bottoms are available in fits to suit all body types.



FITTED

Shaped and close fitting to the contours of the body



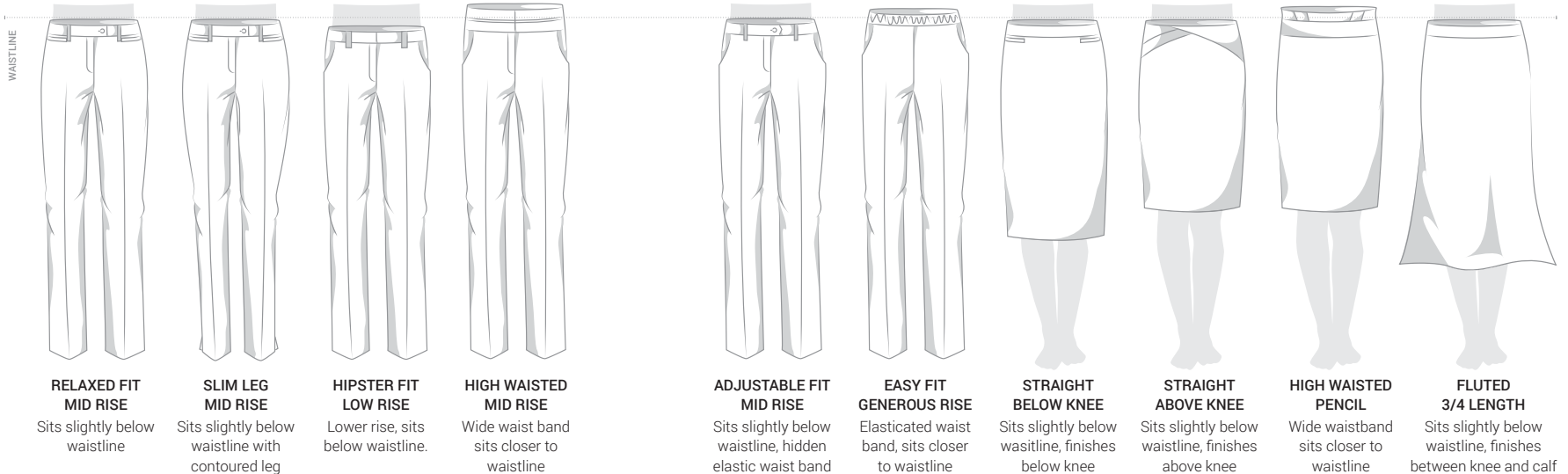
SEMI-FITTED

Gently shaped through the torso. Follows the contours of the body.



EASY FIT

Generous fit with a longer line. Straight through the torso.



WAISTLINE

RELAXED FIT MID RISE

Sits slightly below waistline

SLIM LEG MID RISE

Sits slightly below waistline with contoured leg

HIPSTER FIT LOW RISE

Lower rise, sits below waistline.

HIGH WAISTED MID RISE

Wide waist band sits closer to waistline

ADJUSTABLE FIT MID RISE

Sits slightly below waistline, hidden elastic waist band

EASY FIT GENEROUS RISE

Elasticated waist band, sits closer to waistline

STRAIGHT BELOW KNEE

Sits slightly below waistline, finishes below knee

STRAIGHT ABOVE KNEE

Sits slightly below waistline, finishes above knee

HIGH WAISTED PENCIL

Wide waistband sits closer to waistline

FLUTED 3/4 LENGTH

Sits slightly below waistline, finishes between knee and calf

SIZE CONVERSIONS

Please choose the size closest to your own body measurements.

Standard Sizing

	4 / XXS		6 / XS		8 / XS - S		10 / S		12 / M		14 / L		16 / L - XL	
	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in
Bust	76.5	30	79	31	84	33	89	35	94	37	99	39	104	41
Waist	58.5	23	61	24	66	26	71	28	76	30	81	32	85	34
Lower	Add approximately 10 - 13 cm to waist measurement as this will vary.													
Hip	86.5	34	89	35	94	37	99	39	104	41	109	43	114	45

Plus Sizing

	18 / XL		20 / 2XL		22 / 3XL		24 / 4XL			
	cm	in	cm	in	cm	in	cm	in		
Bust	111	44	116	46	121	48	126	50		
Waist	93	37	98	39	103	41	108	43		
Lower	Add approximately 10 - 13 cm to waist measurement as this will vary.									
Hip	121	48	126	50	131	52	136	54		
	26 / 5XL		28		30		32			
	cm	in	cm	in	cm	in	cm	in		
Bust	131	52	136	54	141	56	146	57		
Waist	113	45	118	47	123	49	128	50		
Lower	Add approximately 10 - 13 cm to waist measurement as this will vary.									
Hip	141	56	146	57	151	60	156	61		

Note - All measurements provided are approximate and for reference only. The size conversion chart is a guide only, actual sizing may vary according to the style and fit of the garment. The waist specifications are the natural waist measurements, which have to be considered even though the garments will fit lower.

RETROFITTING THE MAN

FIND THE RIGHT FIT FOR YOUR BODY TYPE WITH OUR MEASUREMENT GUIDE

HOW TO MEASURE

For an accurate body measurement, please keep the tape measure taut.

A. NECK

Measure around the middle of your neck at collar level, keeping the tape loose to make allowance for comfort.

B. CHEST

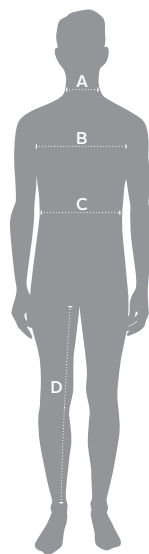
Measure under your arms and across shoulder blades, around the fullest part of your chest. Hold one finger between body and tape.

C. WAIST

Measure around your natural waistline while holding one finger between body and tape. Measure over shirt at position your pants would normally sit

D. IN SEAM

Measure from the crotch seam to the bottom of the inside leg of a well-fitting pair of pants.



STYLE FITS

Our shirts and bottoms are available in fits to suit all body types.



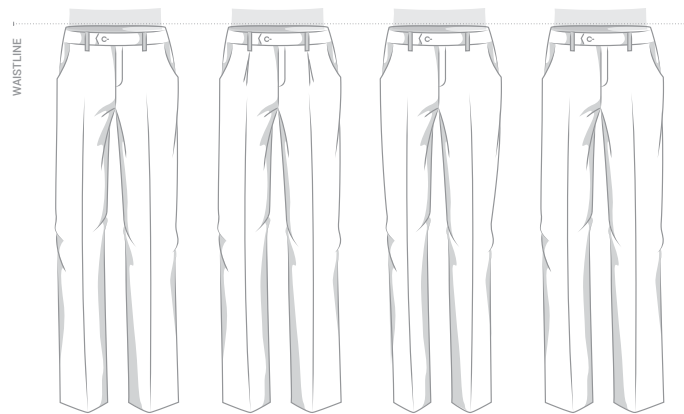
EURO FIT

Slightly tapered through the torso, fitting to the contours of the body.



EXECUTIVE FIT

Gently shaped through the torso. Relaxed modern fit.



CONTEMPORARY FIT FLAT

Sits slightly below waistline with flat front

CONTEMPORARY FIT PLEAT

Sits slightly below waistline with single pleat front

CONTEMPORARY FIT SLIM LEG

Sits slightly below waistline, tapered through the leg

ADJUSTABLE FIT FLAT

Sits slightly below waistline, hidden elastic waist band

SIZE CONVERSIONS

Please choose the size closest to your own body measurements.

Shirts

	XS	S	M	L	XL
Neck (cm)	35 - 36	37 - 38	39 - 40	41 - 42	43 - 44
Chest (cm)	87	92	97	102	107
	2XL	3XL	4XL	5XL	
Neck (cm)	45 - 46	47 - 48	49 - 50	51 - 52	
Chest (cm)	117	122	127	132	

Polos, Knitwear and Scrubs

	XS		S		M		L		XL	
	cm	in	cm	in	cm	in	cm	in	cm	in
Chest	87	34	92	36	97	38	102	40	107	42
	2XL		3XL		4XL		5XL			
	cm	in	cm	in	cm	in	cm	in		
Chest	117	46	122	48	127	50	132	52		

Jackets and Vests

	87R		92R		97R		102R		107R		112R	
	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in
Chest	87	34	92	36	97	38	102	40	107	42	112	44
Waist	72	28	77	30	82	32	87	34	92	36	97	38
	117R		122R		127R		132R		137R		142R	
	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in
Chest	117	46	122	48	127	50	132	52	137	54	142	56
Waist	102	40	107	42	112	44	117	46	122	48	127	50

Trousers - Regular Fit

	72R		77R		82R		87R		92R		97R		102R	
	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in
Waist	72	28	77	30	82	32	87	34	92	36	97	38	102	40
In Seam	80	31	81	32	81	32	82	32	82	32	83	33	83	33
	107R		112R		117R		122R		127R		132R			
	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in		
Chest	107	42	112	44	117	46	122	48	127	50	132	52		
Waist	84	33	84	33	84	33	84	33	84	33	84	33		

Trousers - Stout Fit

	107S		112S		117S		122S		127S			
	cm	in	cm	in	cm	in	cm	in	cm	in		
Waist	107	42	112	44	117	46	122	48	127	50		
In Seam	81	32	81	32	82	32	82	32	83	33		

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